

Tips for Parents

Before You Arrive

- Check in time is 9:00am for all childrens lessons
- Ensure your children are well rested, hydrate and have had breakfast.
- Bring them ready to ski or snowboard with all their gear on and their lift passes.
- Make sure their boots are done up tight, it is much harder to ski/ride with loose boots
- Label all of your child's belongings to make sure there are no mix ups.
- For your convenience, purchase our Full Day Super Pack, which includes a lift pass and rental equipment for the day. We recommend picking up your lift tickets and rental gear prior to your first lesson
- Buy a full day pass. Point's passes cannot be accepted in group lessons. Ninja Kids passes can be claimed free of charge at Grand Hirafu Resort, you must pay a ¥1000 deposit and have your child present in order to redeem the pass.
- We provide lunch and drinks for the kids - however snacks in their pockets are great for a big day of riding. GoSnow is a nut free facility so please leave the snacks with nuts at home.

During the lesson

- Don't worry about tears! GoSnow instructors are kind, caring and trained to have your child smiling and enjoying their day in no time.
- If you wish to check in on your child; lunchtime is best. Lunch will be served from approximately 12:30pm to 1:30pm. Please check with the GoSnow Guest Services team to find out where your child will be having lunch.
- If you wish to watch your child's lesson, we ask that you watch from a distance; it is harder for little ones to bond with their instructor and class if they can see you.

How to dress your child for a great day

Niseko is blessed with some of the snowiest and driest powder in the world and as such has unique conditions. Weather conditions, however, can change rapidly in the mountains.

Some days will be snowy, dry and cold, others will have rain and others can be quite warm and sunny. Make sure you dress your child with the right clothing for the conditions.

Regular snow gear

- Waterproof snow jacket and pants
- Insulated and waterproof gloves or mittens (A spare pair can save tears on wet days)
- Dry knee high socks
- Long underwear- tops and bottom.
- A helmet is required for all kids
- Beanie
- Sunscreen lip balm

Specific to Niseko we recommend

- Goggles - we recommend a good quality low light lens for Niseko's powdery conditions. Double lenses will ensure the goggles don't fog so your little one can see.
- Sunglasses are not recommended in Niseko. There is too much snow!
- A face mask or neck warmer.
- Layering - a warm jumper under the snow jacket
- Hand and toe warmers - if not on already, then in their pockets just in case.

Know your lesson location

Lessons are fixed to the location selected at the time of the booking. For information on how to get to your base area & the facilities at each area please visit [this link](#). If you would like to change to your lesson location booked please contact our Guest Services Team